



YES! NUTRITION, LLC
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WILL INSURANCE REIMBURSE ME FOR SERVICES?

Currently, YES! Nutrition, LLC does not accept coverage from insurance companies. However, though not guaranteed, you may be eligible for reimbursement of nutrition services through your insurance provider after submitting a "Superbill." Upon request, we will provide a Superbill to you following your first appointment. YES! Nutrition wants to do its best to help you navigate the process of understanding whether or not nutrition services are accepted by your plan. To help you navigate your benefits, use this outline as a tool.

1. Call the member services number on the back of your insurance card and ask:
 - Does my plan cover outpatient nutrition counseling? Medical nutrition therapy? Preventative nutrition counseling? Dietary counseling and surveillance? Yes No
 - If yes, how many sessions are allowed? _____
 - Is there a time limit for each session? _____
 - Is coverage limited only to certain medical diagnoses? _____
 - Does my plan only cover visits that are considered "medically necessary"? _____
 - What is my coverage for an out-of-network provider? _____
 - Do I have to meet a deductible? Yes No
 - If yes, how much? _____
 - Do I need a physician referral? Yes No
 - If yes, it is your responsibility to obtain a referral from your physician. If coverage is limited to certain medical diagnoses, please get a prescription from your physician for medical nutrition therapy, which includes the medical diagnosis and billing code.
 - Record the date and time of the call, the representative's name, and ask for a reference number for your call: _____
2. In the online Welcome Packet to be completed prior to your appointment, complete the information related to insurance using the information on your insurance card.
3. If a physician referral is needed for reimbursement, bring a copy of the referral/prescription from your physician to your first appointment.
4. At your appointment, inform your Registered Dietitian that you would like a Superbill.
5. After payment of nutrition services, you will be provided with a Superbill.
6. After your appointment, submit your Superbill and physician referral (if needed) to your insurance company. This submission does not guarantee reimbursement.
7. Please contact us with any questions or concerns about communications with your insurance provider and submitting a Superbill.

I have completed this form to the best of my ability and understand that it is my responsibility to contact my insurance provider ahead of time to determine the extent to which nutrition services may be covered and to submit all required documentation to my insurance company after my appointment. I understand that fees for services I receive at YES! Nutrition, LLC will be collected at the time of appointment. After submitting my Superbill, my insurance company may reimburse me directly.

Signature of Patient: _____

Date: _____

**Signature of parent/guardian is needed if patient is less than 18 years of age